

Carlisle Boys Youth Lacrosse U13

2009 Practice and Game Schedule

as of March 2, 2009

This schedule is subject to change at the coaching staff's discretion. Please use as only a guide. This is being distributed in advance to help families plan and commit to this program to ensure a good experience for all players.

U13 squads will practice/compete 3 to 4 times most weeks at the coaching staffs discretion.

At any time during the season, the coaching staff reserves the right to temporarily or permanently reassign a player to another squad.

Out of fairness to every player, each player must commit to this full schedule from March 1 through the end of the season. Practices and games are mandatory unless a prior excuse is granted by the coaching staff. If you must miss a practice or game, please give the coaching staff at least one week's notice.

The head coach for U13 is Jason Robb. Assistants to be named.

January 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13 Indoor Conditioning Wilson MS Gym o o	14	15	16	17
18	19	20 Indoor Conditioning Wilson MS Gym o o	21	22	23	24 Newcomers Clinic In the Net, Palmyra 1 p.m. Free/donation requested (Hershey Youth is hosting with E-town College)
25	26	27 Indoor Conditioning Wilson MS Gym o o	28	29	30	31

February 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Indoor Conditioning Wilson MS Gym o o	4	5	6	7
8	9	10 Indoor Conditioning Wilson MS Gym o o	11	12	13	14
15	16	17 Indoor Conditioning Wilson MS Gym o o	18	19	20	21
22	23	24 Indoor Conditioning Wilson MS Gym o o	25	26	27	28

March 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Outdoor practice can start at Valley Meadows	3	4	5	6	7
8 Daylight Savings begins	9	10	11	12	13 Squads Announced	14
15	16	17	18	19 SCRIMMAGE Home vs. Chambersburg 5:15 pm	20	21 SCRIMMAGE Intersquad 10 am Valley Meadows
22 No practice	23	24	25 GAME At Central Daupin 5:30 pm	26	27	28 GAME At Lower Daupin 9:30 am, 10:30 am
29	30	31 HOME vs. Palmyra Immediately after U15 game (about 6:15 pm)				

April 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 At Warwick 10 a.m.
5	6	7	8	9	10 Good Friday No practice	11 No practice
12 Easter No practice	13	14 HOME vs. Harrisburg Academy at conclusion of U15 game	15	16	17 Carlisle HS vs. Cumberland Valley at Carlisle, Youth Night – Wear Your Uniform	18 HOME vs. Manheim Twp., Central Susquehanna 10, 11:30, 2:30 pm
19	20	21 HOME vs. Chambersburg immediately after U15 game)	22	23 at Palmyra 6:15 p.m. Or immediately after U15 game	24	25 Carlisle Lax Rebellion vs. Centre Lax, Hershey, Rheems 9–6, All players
26	27	28	29	30 HOME vs. Central Dauphin, 5:30		

May 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 At Hempfield 10, 11 a.m.
3	4 HOME vs. Northern York 5:30 pm, 6:30 pm	5	6	7	8 At Harrisburg Academy, 6:15 pm Or after U15 game	9 At Manheim Twp. 10, 11:30 am
10	11	12	13 HOME vs. Cumberland Valley 5:45 pm, 6:30 pm	14	15	16 HOME vs. Lower Dauphin, Central Susquehanna 10 a.m.
17	18	19 At Hershey 6, 7 pm	20	21 At Cumberland Valley 5:45 pm, 6:30 pm	22	23
24	25 Memorial Day	26	27	28 Team Picnic Valley Meadows 5:30 p.m.	29	30
31						

June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

